# University Accreditation Results (Results for Certified Evaluation and Accreditation for university)

Shigakkan University



Basic Information of the InstitutionOwnership: PrivateLocation: Aichi, JapanAccreditation StatusYear of the Review: 2014Accreditation Status: accredited(Accreditation Period: April.01.2015 – March.31.2022)

## Certified Evaluation and Accreditation Results for Shigakkan University

#### **Overview**

Shigakkan University (hereafter, the University) has its origin in the Naiki Chukyo Sewing Women's School, which was established in 1905 and which later opened a junior college. In 1963, Chukyo Women's College was established as a four-year college, housing only a single faculty, the Faculty of Athletics. In 2010, it became coeducational, followed by massive reorganization of faculties and departments, including the change of its name. Currently, the University has one undergraduate education unit, the Faculty of Wellness, and a graduate education unit, the Graduate School of Wellness. The campuses are located in Obu City, Aichi Prefecture. The University is carrying out education and research activities according to its founding mission.

After its accreditation review by Japan University Accreditation Association (JUAA) in 2007, the University has made efforts to support many athletes through extra-curricular support activities. In particular, the University has engaged in a unique activity in which it has offered nutrient support of athletes and adults through the "Sport Nutrient Project," run not only by faculty members but also by many students. However, the University has several issues to address, including students enrollment in the Department of Sport and Fitness in the Faculty of Wellness. JUAA hopes that the University will make improvements on these issues. JUAA also expects that the University will make its new system, "University Management System for the Internal Quality Assurance of Shigakkan University," work in order to enrich and further develop its research and education activities.

#### **Notable Strengths**

## Student Support

• It is commendable that the University offers the mutually beneficial activities, i.e., supporting active athletes who are enrolled in the University and enhancing the understanding of, and practical skills in, nutrition sciences among the participating students. The University implements the "Athlete Support Program" as an extracurricular support activity in order to improve athletes' abilities and enrich their campus lives. It offers various kinds of support. In particular, through the "Sport Nutrition Project," students and researchers at the Institute of Wellness play a central role in taking initiatives to offer nutritional/dietary support for many athletes studying and working at the University.

#### **Suggestions for Improvement**

## Educational Content, Methods, and Outcome

• The maximum number of credits students can register for per year has been set high at 50 in the Department of Sport Fitness in the Faculty of Wellness. It should be improved in accordance with the purpose of having a credit system.

#### Enrollment

• The ration of transfer students to the transfer student admission cap in the Department of Children's Health and Education in the Faculty of Wellness is low at 0.10. This needs to be improved.

## Student Support

• In order to prevent sexual harassment, the University has developed a "Student Consultation Office's Leaflet" and made efforts to disseminate it. However, to prevent other kinds of harassment, it has not defined any guidelines clearly and so its efforts to inform students, faculty members, and staff are not satisfactory. This situation should be improved.

# **Area of Serious Concern**

# Enrollment

• In the last five years, in the Department of Sport and Fitness in the Faculty of Wellness, the average of the ratios of enrolled freshmen to the freshman admission cap is high at 1.30, and the ratio of enrolled students to the student enrollment cap is also high at 1.23. This situation must be corrected.